



Reminiscing

Activity Book



Bringing the Buzz to You!

The Buzzword Pittsburgh partners designed this kit to inspire your family to keep learning together. We chose activities that build on your child's natural curiosity, encouraging a growing vocabulary and a deeper engagement with books.

So, are you ready to get buzzing? First, read through **Love Is** written by Diane Adams with your child. Then, go through the different activities, experiments, and ideas together, taking time to explain the meaning of the words and connecting them to your child's real-life experiences.

Personalized Recommendations Just for You!

Looking for a good book, eBook, movie, or something new entirely? The Carnegie Library of Pittsburgh can hand-pick something just for you! Visit www.carnegielibrary.org/match and send us some information about what you like (or don't like), and we'll send you a short list of recommendations. We can't wait to help you or your early learner your next match!

For more resources, visit www.BuzzwordPGH.org/reminiscing



Time Capsule

Materials: Buzzword box, time capsule label, time capsule inventory page, crayons, markers, or colored pencils, glue or tape, and found objects representative of this time period.

A time capsule is a collection of items that is saved to be opened later, for **REMINISCING** or to let those in the future know what a certain time was like.

Let's use our Buzzword box to create a time capsule!

- Step 1:** Color/decorate your time capsule label and attach to the outside of your Buzzword box. Choose a date you would like to open your time capsule. We would recommend at least a year from now.
- Step 2:** Find six or more items to put in your Buzzword box. It could be a cartoon, newspaper article or picture, a sale paper from a store, a (clean) wrapper from a favorite snack, a favorite toy, a picture of you or loved ones, drawings, the name of your favorite song or book, or anything else that is representative of this time. It may be something going on in the community or something special to your household.
- Step 3:** Complete the time capsule inventory page and add to the box.
- Step 4:** Place your time capsule in a safe place to open later.



Memory Book

Materials: art supplies, crayons and/or markers, paper, paper fasteners, and hole punch

- Step 1:** Help your child think of important events from the past year. They can be things that took place at school, at home, on trips, with friends, etc.
- Step 2:** Have your child illustrate some of these favorite memories using the paper, crayons, and/or markers.
- Step 3:** Suggest that older children add captions to go with their pictures and help younger children by writing captions that they dictate.
- Step 4:** Punch holes in the edge of your book's pages and use paper fasteners to bind the pages together into a book. Let your child choose the title and decorate the cover using the art supplies.
- Step 5:** Now, spend some time **REMINISCING** with your child about some of their favorite memories!



A Moment In Time

Materials : paper, pencils, crayons, markers

Take some time to take a walk, whether it be a park or around your neighborhood. During your walk, think about what you see, hear and smell. Think about the things you love! Enjoy your stroll!

When your walk is finished take some time **REMINISCING** about your walk. Talk about the things you saw and heard. Write down or draw your favorite things from your journey. Was there a rock, leaf, tree, car, or even a building that made you happy?



 **PittsburghParks.org**

Reminiscing Through Movement

Materials: your body, a scarf

Children will express their memories through dance, using a scarf as a prop.

Ask your child to reminisce about a time they were really happy. Talk with them about that memory. Use the scarf to dance out that memory and show joy in the movement. **REMINISCING** about other memories that involve different emotions like sadness or anger can be helpful. They can dance those emotions with the scarf too.

Want more?

Join Buzzword Pittsburgh and Hope Academy for a Creative Movement class on Tuesday nights from 6:30-7 p.m.! This virtual class will be held on Zoom, and is geared towards Buzzword-aged kids and their families. Classes will be inspired by the Buzzword boxes you receive, and will feature singing, dancing and crafting! There will also be opportunities to meet outdoors occasionally for special events.

To register, use the QR code, or visit
cathedralofhope.org/uncategorize



Classes are FREE for Buzzword families. Just select the "Scholarship" option on the registration page.

PITTSBURGH BALLET THEATRE



The Science Of Reminiscing

Materials : memory cards, crayons

When **REMINISCING** about something, we use our memory to remember details from the past. With this activity, we are going to exercise our brains and test our memory.

Step 1: Color the pictures on each of the cards.

Step 2: Shuffle the 16 cards.

Step 3: Lay the cards out into 4 rows of 4, face down so that you can't see the pictures.

Step 4: Flip over two cards. If the pictures match, remove them from the game. If the pictures don't match, flip them back over.

Step 5: Take turns flipping pairs of cards to find matches.

Step 6: Use your memory to try and remember where the matching cards are located.

Step 7: Continue until all cards are matched.

Step 8: Shuffle and repeat!



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Love Is

Materials: shaker egg, rubber duck

Follow along with the video at www.BuzzwordPGH.org/reminscing

Step 1: Hello Friends Hello! Let's sing a participatory song to begin our time together.

Step 2: Shake your shaker egg and use it to represent the duck.

Step 3: Do a creative movement that demonstrates growing from a bird inside an egg and then cracking out of the eggshell. Demonstrate the bird learning how to walk and then learning how to fly.

Enjoy dancing, talking and **REMINSING** about love and how we love things even when they change. Green leaves turn red, yellow, brown and orange in the fall, and we love the different seasons. Babies grow into children, teenagers, adult moms, dads, cousins, aunts and uncles and we love them.



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How To Save a Memory

Materials: frame, stickers, paper, pipe cleaners.
Other items that you may have in your home that you might want to use: glue, crayons or markers, pencil

There are lots of ways to save a memory that we really love. We can take a picture, a video, or make a drawing, and those memories need a home so we can always see them while **REMINSING**. One kind of home for a memory is a picture frame. Just like a memory, a picture frame can be unique. Here are some things to get started:

Step 1: With the items provided and any other items you have available at home, start decorating to make your picture frame special. A neat trick is to take a pipe cleaner and twist it around a pencil or pen to make a spring and glue it onto the frame.

Step 2: Once you are finished decorating, consider adding a photograph or drawing one of your favorite memories.



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Research Says

From birth to age five years, young children's brains are rapidly developing. During this time, little ones are more open to learning and becoming inspired. Talking with a child helps increase vocabulary development and communication skills needed throughout life.

A child's early vocabulary skills grow in real-life settings through positive interactions and conversations about the world.



Who Are We?

Buzzword Pittsburgh excites children and families as they experience the words that are all around them. Through talk and play about math, science, and art, young children will expand their vocabularies and conversation skills. The program engages families and community organizations in Pittsburgh's Homewood neighborhood and the greater community.

The Buzzword Pittsburgh collaborative consists of partner organizations with expertise in the arts and sciences and local family centers. These partners provide interactive learning opportunities that encourage imagination, investigation, creation, and reflection. Buzzword Pittsburgh is supported by PNC Grow Up Great®.

Community Partners:



Partner Organizations:



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